

Treatment Plans & Pricing

- Initial Visit: \$120
- Follow-up Visits: \$80
- Fire Cupping \$55

All protocols are 12 treatments (which is considered one course of treatment) and includes 2 re-evaluations.

Patients may purchase a package, which includes 12 treatments, with recommended supplements, at a discounted price.

Not all packages are equal in cost, due to personalized protocols and recommendations.

Paying per visit is also an option.

Treatments should not be spaced longer than one per week, and dependent upon the chronicity of the patient's health issue and constitution, a protocol may require two visits per week for 3 weeks, reduced to weekly treatments for the remaining 6 visits.



Sessions

What to expect from treatment:

In general, most patients feel a sensation of relaxation. With the insertion of needles, the patient will feel a pinch, which will disappear within seconds. It is advised to communicate with the practitioner if pain continues, as the needles can be tweaked, or even removed, if necessary.

Bottom line: acupuncture should **never** hurt!

How long are acupuncture sessions?

After inserting needles, needle retention is 15-20 minutes, then removed. It is advised to have something to eat, and to use the restroom facilities prior to treatment.



Dr. Chester Dickerson

Let's Connect

Phone
(317) 437-6001

*please TEXT for appointments

Acupuncture



"Experience is the difference,
Acupuncture works."



What is Acupuncture?

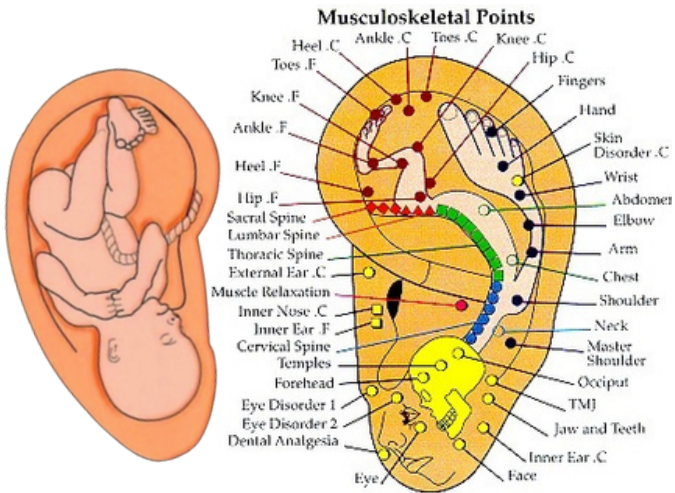


Acupuncture is an ancient Chinese-based approach to treating a variety of health conditions, by triggering different points on the skin with small, one-time use, disposable, small stainless steel needles. It is based on the idea that a blockage, or disturbance, in the body's flow of qi (pronounced as "chee") can cause health issues.

Auricular Acupuncture



Auricular (auricle/ear) acupuncture is considered modern Chinese acupuncture compared to Traditional Chinese Medicine (TCM) acupuncture, using points in the ear, as opposed to those on the body. In 1957, Paul Nogier, the father of auricular acupuncture, mapped out the entire body, using the surface of the outer ear. In 1980, the World Health Organization and the Republic of China accepted the mapped out ear as standard auricular therapy. It is believed, being closer to the nervous system (brain), the effects are quicker and longer lasting.



Battlefield Acupuncture (BFA)

BFA was designed by the United States Air Force, specifically to treat pain. It is the gold standard of care used in VA hospitals across the country, and is taught in every military hospital for pain management, including phantom pain, while reducing the need for pain medications, such as opioids. Patients receiving this modality, generally, will have a significant decrease in pain at first visit. This protocol is known for increasing the body's natural pain endorphins, relieving pain.

What is Qi?



Qi is described as a "vital force", or "energy flow", of which must be unimpeded for promoting health. Other terms used to describe qi are "material" energy, or simply energy. The goal is to balance the flow of energy to restore health.



DRY NEEDLING VS. ACUPUNCTURE

Dry Needling is an invasive procedure in which a solid filament needle is inserted into the skin and muscle directly at a myofascial trigger point. A myofascial trigger point consists of multiple contraction knots which are released to the production and maintenance of the pain cycle. This is NOT the same as acupuncture, an aspect of traditional Chinese medicine, which is based on the metaphysical theory of normalizing energy flow in the body.

WHAT CONDITIONS CAN BE TREATED WITH ACUPUNCTURE AS AN ALTERNATIVE MODALITY?

- Pain (i.e. arthritis)
- TMJ pain
- Neck Pain
- Low Back Pain
- Sciatica
- Headaches/Migraines
- Neuropathy
- Allergies
- Sinusitis
- Anxiety & Depression
- Insomnia
- Smoking Cessation
- Addictions (group sessions required)
- Chemotherapy (induced and postoperative nausea & vomiting)
- Gynecological Disorders
- Labor Induction
- Infertility AND MORE!

Fire Cupping

This form of alternative medicine used to relieve muscle tension, primarily on back and neck musculature.



ASP Needles

These semi-permanent needles are designed to stay in auricular points longer, for enhanced treatment effects. These are primarily utilized for pain management, anxiety, and weight management protocols.

